

2015-2019

Community Health Assessment

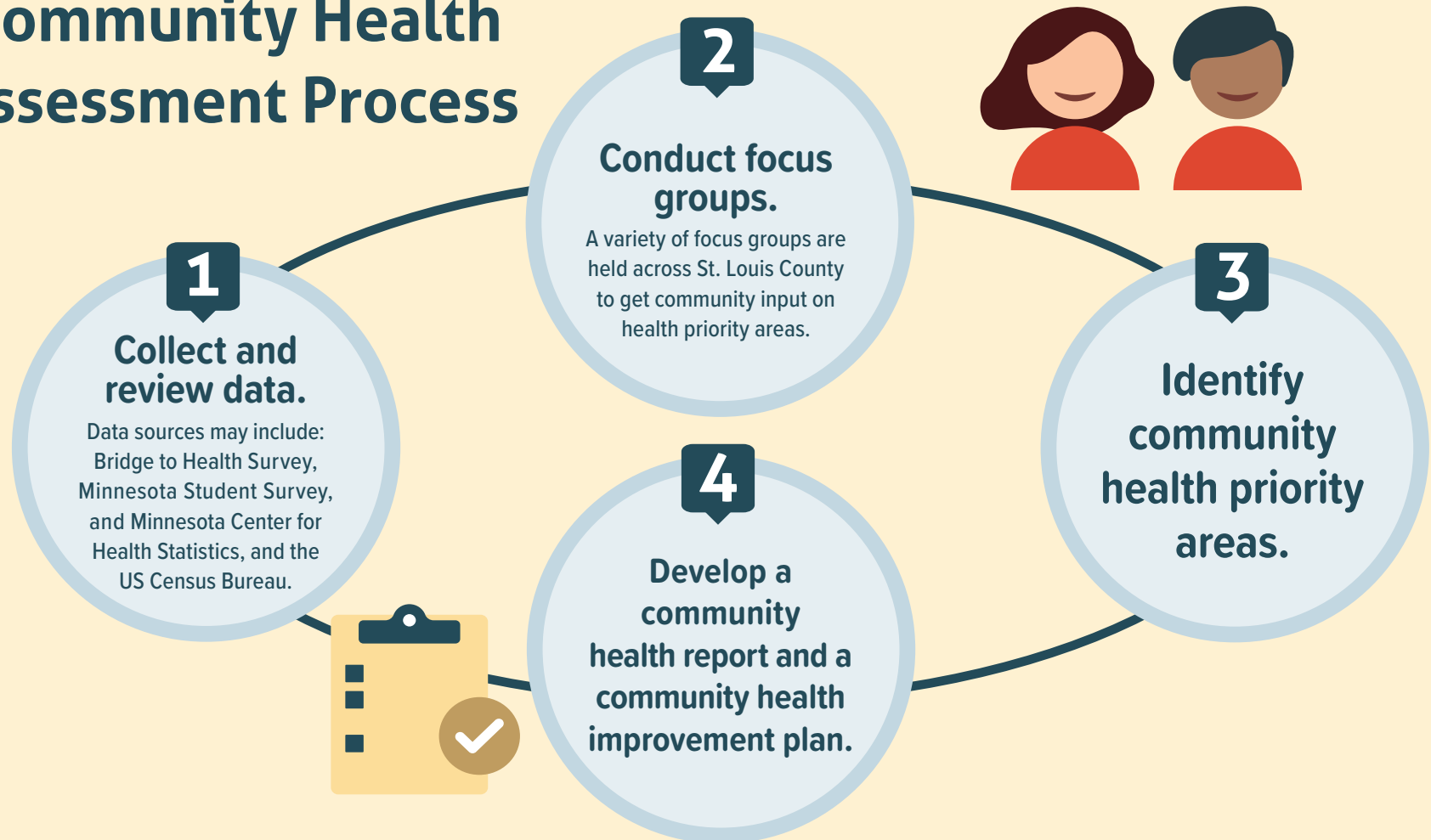
Community health assessments are a core function of St. Louis County Public Health. A community health assessment identifies and describes factors that affect the health of a community, and the factors that determine available resources to address those factors. The Public Health Division collects, analyzes, and begins to use data to prioritize issues and make decisions.



**PUBLIC HEALTH
& HUMAN SERVICES**
ST. LOUIS COUNTY, MN




Community Health Assessment Process



Current Health Priorities

Mental Health
 **13%** of Adults **REPORTED HAVING 14+ poor mental health days IN THE LAST MONTH**

Youth Substance Use
IN 2019 1 in 3 St. Louis County 11th graders **IN 2016 1 in 5** used an electronic cigarette.

Chronic Disease
 **Nearly 1 in 5 adults has diabetes (9%) or pre-diabetes (10%)**
(Bridge to Health Survey, 2015)

Food Insecurity
Adult food insecurity rate in St. Louis County: 17%
Rates as high as 40% in some neighborhoods
(Bridge to Health Survey, 2015)

Addressing Health Priorities

- The county was awarded a four-year, \$440,000 grant from the Minnesota Department of Health for suicide prevention on the Iron Range in response to the mental health needs identified in various needs assessments and focus groups.
- Growth in partnerships and collaboration. St. Louis County partners with healthcare systems and numerous organizations to understand community health needs and take collaborative action.
- During the 2018-2019 school year, the Chemical Abuse Prevention & Education Coalition held a community solution series to educate the Quad Cities region on the correlation of substance abuse and mental health. Nearly 300 community members and professionals were reached. The series will be continued in the Hibbing community in 2020.

Next Steps

- Conduct asset mapping of coalitions working on health priority areas in northern St. Louis County.
- Work through 2020 to support and strengthen capacity of coalitions in St. Louis County that address community health priorities.
- Finalize a county-wide health needs assessment report and community health implementation plan document.



Public Health
Prevent. Promote. Protect.